



62703

Third Basic B.Sc. Nursing Examination, Summer 2013
MENTAL HEALTH NURSING

Total Duration: Section A + B + C = 3 Hours

Section B & C Marks: 60

SECTION – B & SECTION – C

Instructions: 1) All questions are compulsory.

- 2) The number to the right indicates full marks.
- 3) Draw diagrams wherever necessary.
- 4) Do not write anything on the blank portion of the question paper. If written anything, such type of act will be considered as an attempt to resort to unfair means.

SECTION – B

2. Answer the following (any five out of six) : (5x3=15)

- a) Group therapy 148
- b) Bleuler's 4 A's of schizophrenia 172
- c) Obsessive compulsive personality disorder 205
- d) Primary prevention of mental illness
- e) EEG (Electro Encephalogram) 178
- f) Dissociation and conversion disorder 230

3. Answer the following (any three out of four) : (3x5=15)

- a) Process recording 126
- b) Extra pyramidal symptoms
- c) National Mental Health Program 17.365
- d) Therapeutic communication techniques. 105 REPO

SECTION – C

Write long answers (any two out of three) : (2x15=30)

4. a) Define psychotherapy. 204, 162 2
b) Give indications of psychotherapy. 17 5
c) Explain behaviour modification therapy. 17 8

5. a) Define Depression. 2 5
b) Enlist clinical features of depression. 17 8
c) How will you manage a case of mania ? List down the nursing diagnosis and plan for two priority based nursing diagnosis. 17 2

6. a) Define therapeutic communication. 17 5
b) Enumerate therapeutic communication techniques with appropriate examples. 17 8
c) Discuss therapeutic nurse patient relationship including barriers. 17 2

Third Basic B.Sc. Nursing Examination, Winter 2013
MENTAL HEALTH NURSING

Total Duration : Section A + B + C = 3 Hours

Section B & C Marks : 60

SECTION – B & SECTION – C

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SECTION – B

2. Answer any five out of six. (5x3=15)

a) Treatment subprogram described in National Mental Health Programme

b) Enumerate types of psychiatric emergencies

c) Behaviour therapy

d) List down the clinical features of anorexia

e) What do you mean by Hallucination

f) Social phobia – explain

(3x5=15)

3. Answer the following (any 3 out of 4) :

a) Extra pyramidal symptoms (EPS)

b) Family Therapy

c) Psychotherapy

d) Pre-ECT Nursing Management

P.T.O.

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SECTION - C

4. Attempt any two out of three :

(2x)

171. a) Define schizophrenia. Explain the clinical manifestations of catatonic schizophrenia and write the nursing management of catatonic schizophrenia.

b) Define depression. Write the clinical manifestations and management of major depression. 199

c) Explain Nurse-Patient relationship, its phases and components.
110, 104, 105.

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Third Basic B.Sc. Nursing Examination, Summer 2014
MENTAL HEALTH NURSING

Total Duration : Section A + B + C = 3 Hours

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SECTION – B & SECTION – C

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- 3) **All questions are compulsory.**
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- 6) **Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.**
- 7) Use a common answer book for all sections.

SECTION – B

(30 Marks)

2. Answer the following (any five out of six) :

(5x3=15)

- a) Autism 250.
- b) Dementia Loss of memory 304
- c) Primary level of prevention?
- d) Types of schizophrenia 174
- e) Qualities of psychiatric nurse 72
- f) Thought disorder at content level

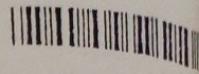
3. Answer the following (any three out of four) :

(3x5=15)

- a) Marital therapy
- b) Rights of mentally ill patient
- c) Admission procedures of mentally ill 344
- d) Therapeutic communication techniques 105

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SECTION - C

(30 Marks)

(2x15=30)

4. Answer the following (any two out of three) :

a) Define Mania. 192

Describe clinical features of mania. 193

Discuss nursing management of patient with mania. 194

b) Define Anxiety.

Write the various types of phobia.

List nursing diagnosis and write nursing care plan for two nursing diagnosis on priority basis for patient with social phobia. *Report*

c) Define therapeutic nurse patient relationship.

Explain the goals of nurse patient relationship.

Discuss the phases of the nurse patient relationship.



6/7/14

Total Duration: Section A+B = 3 Hours

Third BASIC B.SC. NURSING Exam, Winter 2014

Mental Health Nursing

Total Marks : 75

Section - A & Section - B

(2x)

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Instructions:

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- 3) All questions are compulsory.
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- 7) Use a common answer book for all section.

Section "A" (40 Marks)

1. Short answer question (any five out of six) :

(5x5=25)

- a) Principles of Psychiatric Nursing. *Rept*
- b) Process Recording. *Rept*
- c) Therapeutic Nurse Patient Relationship. *Rept*
- d) Role of Nurse in National Mental health Programme.
- e) Antisocial personality disorder. *2 6 3*
- f) Bulimia Nervosa. *2 4 2 Rept*

2. Long answer question (any one out of two) :

(1x15=15)

A 30 yr. old female is admitted in the psychiatric unit with diagnosis severe depressive episode.

- a) Write etiological factors of depression. Write clinical features of depression. Write pharmacological & nursing management of depression. *Rept*
- b) Define mental retardation, List down etiological factors of mental retardation. Write classification of mental retardation based on I.Q. Write nursing management for severe mental retardation. *2 7 9*

2 6 6

Section "B" (35 Marks)

3. Short answer question (any four out of five) :

(4x5=20)

- a) Enuresis. *Rept*
- b) Extra pyramidal syndrome (EPS).
- c) Delirium tremens.
- d) Behavioral therapy. *1 5 6 11*
- e) Pre ECT nursing care.

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4. Long answer question (any one out of two) :

25/15

a) Write down the characteristics (symptoms) of hebephrenic schizophrenia List down the Nursing diagnosis for hebephrenic schizophrenia . Write nursing care plan for two diagnosis on priority basis

b) Explain Neuropsychiatric complications of Alcoholism. Write medical & nursing management of patient with alcohol withdrawal symptoms. *Refer*

Third Basic B.Sc. Nursing Examination, Summer 2015
MENTAL HEALTH NURSING

Total Duration : Section A + B = 3 Hours

Total Marks : 75

SECTION – A & SECTION – B

Instructions :

- 1) Use **blue/black ball point pen only.**
- 2) Do not write anything on the blank portion of the question paper. If written anything such type of act will be considered as an attempt to resort to unfair means.
- 3) All questions are **compulsory.**
- 4) The number to the right indicates **full marks.**
- 5) Draw diagrams wherever necessary.
- 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
- 7) Use a common answer book for all Sections.

SECTION – A

(40 Marks)

1. Short answer question (any five out of six) :

(5x5= 25)

- a) Group therapy. (5)
- b) Pre ECT care of a patient. (5)
- c) Mental health act. (1)
- d) Classification of schizophrenia. (5)
- e) Characteristics of mentally healthy person. (1) *↳ unit 1*
- f) Bulimia nervosa. (10)

2. Long answer question (any one out of two) : (15)

(1x15=15)

- a) 1) Make a list of substances commonly abused. (5)
- 2) Write the causes of drug abuse. (5)
- 3) Write the management of person with alcohol withdrawal. (5)
- b) 1) Write the definition of community mental health. (2)
- 2) Write the nurses role in primary level of prevention. (5)
- 3) Write the difference between delusion and hallucination with examples. (8)

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SECTION - B

3. Short answer question (any four out of five) :

- a) Rights of mentally ill person. (2)
- b) Positive and negative symptoms of schizophrenia. (6)
- c) Care of patient with insomnia. (10)
- d) Defense Mechanisms. (2)
- e) Nurses responsibility in administration of antipsychotic drugs. (15)

4. Long answer question (any one out of two) :

- a) 1) Write the indications of ECT. (5)
2) Write the post ECT care of patient.
3) Write the complications of ECT.
- b) 1) Write the mechanism of action of antipsychotic drugs (2)
2) Write the classification of mental disorders.
3) Write the misconceptions about mental illness.



Third BASIC B.Sc. NURSING, Winter 2015

Mental Health Nursing

Total Duration : Section A+B = 3 Hours

Total Marks : 75

Section - A & Section - B

Instructions:

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- 2) Do not write anything on the blank portion of the question paper. If written anything, such type of act will be considered as an attempt to resort to unfair means.
- 3) All questions are **compulsory**.
- 4) The number to the right indicates **full marks**.
- 5) Draw diagrams wherever necessary.
- 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
- 7) Use a common answer book for all sections.

Section "A" (40 Marks)

1. Short answer question (any five out of six) : (5x5=25)

a) Write the principles of psychiatric nursing. 67
 b) Music Therapy. 918
 c) Signs and symptoms of phobia. 217
 d) Write down levels of prevention in mental retardation. 282
 e) Process recording. 116, 415
 f) Nursing management of patient with suicidal behaviour. 205

2. Long answer question (any one out of two) : 33, 36 (1x15=15)

a) Enlist signs and symptoms of mental illness. Write classification of mental disorders. 36
 b) Define community mental health nursing. Write the role of a nurse in community mental health. 36

Section "B" (35 Marks)

3. Short answer question (any four out of five) : (4x5=20)

a) Alcohol Anonymous. 9
 b) Write note on Anorexia nervosa. 270
 c) Types of psychiatric emergencies. 317
 d) Explain Nurses responsibility in legal aspects in psychiatry. 354
 e) Management of Attention deficit hyperactivity disorder in children. 290, 564-2.A

4. Long answer question (any one out of two) : 148, 9 (1x15=15)

a) Define group therapy. Describe the steps of group therapy. Write a note on application of group therapy in substance abuse patients.
 b) Define mania. List clinical features of mania. Write nursing care plan of patient with mania. 192

Third Basic B.Sc. Nursing Examination, Summer 2016
MENTAL HEALTH NURSING

Total Duration : Section A + B = 3 Hours

Total Marks : 75

Instructions:

- 1) Use **blue/black** ball point pen only.
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- 3) **All questions are compulsory.**
- 4) The number to the right indicates **full marks**.
- 5) Draw diagrams wherever necessary.
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- 7) Use a common answerbook for **all sections**.

SECTION – A

(40 Marks)

1. Short answer question (any five out of six) : (5x5=25)

- a) How will you assess for insight ? Write down the grades of insight.
- b) Cognitive Behavior Therapy. 3 145
- c) Causes of alcoholism. 241
- d) Etiological factors for mental retardation. 4-243
- e) Rights of patient in psychiatry. 4 (34)
- f) Nursing management of patient with bipolar mood disorders. 3 -202

2. Long answer question (any one out of two) : (1x15=15)

- a) Define mental health. List components of mental health and write indicators of mental health. Revised
- b) Define phobia. List types and clinical features of phobia. Write any two priority nursing diagnosis for phobic patient. 220

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SECTION - B

(35 M)

3. Short answer question (any four out of five) : (4x)

- a) Describe clinical features of depression. ²⁰³ 4
- b) Write note on crisis intervention. ³³⁴
- c) Electro convulsive therapy. 5
- d) Write role of a nurse in preventive psychiatry. ⁴¹ 4
- e) Management of catatonic stupor. ³³⁵ 3

4. Long answer question (any one out of two) : (1x)

- a) Define nurse patient relationship. Enumerate the conditions essential development of therapeutic relationship. Describe management of patient with depression.
- b) Define the term personality. List the types of personality. Write the nursing plan for paranoid personality disorder.

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Third Basic B.Sc. Nursing Examination, Winter 2016
 MENTAL HEALTH NURSING

Total Duration : Section A + B = 3 Hours

Total Marks : 75

SECTION – A & SECTION – B

Instructions :

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- 2) Do not write anything on the **blank portion of the question paper.** If written anything, such type of act will be considered as an attempt to resort to unfair means.
- 3) All questions are **compulsory.**
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- 7) Use a common answerbook for all Sections.

SECTION "A" (40 Marks)

1. Short answer question (any five out of six) : (5x5=25)
 - a) Legal rights of psychiatric patients.
 - b) Levels of prevention of mental illness. *Re*
 - c) Psychotherapy. *ReP*
 - d) Electroencephalogram. *ReP*
 - e) Therapeutic communication techniques.
 - f) Complications of alcohol abuse. *2 3 3*
2. Long answer question (any one out of two) : (1x15=15)
 - a) Define psychiatric nursing. Enlist principles of psychiatric nursing. Explain any two principles with examples. *6 7*
 - b) Define schizophrenia. Enumerate types of schizophrenia. Write nursing management of a patient with catatonic schizophrenia.

P.T.O.

SECTION "B" (35 Marks)

3. Short answer question (any four out of five) :

- a) Autism.
- b) Behavior Therapy.
- c) Etiological factors in Dementia.
- d) Process recording.
- e) Crisis Intervention.

4. Long answer question (any one out of two) :

- a) Define depression. List clinical features of depression. Write nursing care plan for patient with suicidal behavior.
- b) Define mental retardation. Explain degrees of mental retardation. Discuss nursing management of a child with moderate mental retardation.



Third Basic B.Sc. Nursing Examination, Summer 2017
MENTAL HEALTH NURSING

Total Duration : Section A + B = 3 Hours

Total Marks : 75

SECTION – A & SECTION – B

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- 7) Use a common answerbook for all sections.

SECTION – "A" (40 Marks)

1. Short answer question (any five out of six) : **(5x5=25)**
 - a) National Mental Health Programme.
 - b) Principles of Mental Health Nursing.
 - c) Role of Nurse in psychological test.
 - d) Johari-Window.
 - e) Mental Health problems in Geriatrics.
 - f) Bipolar effective disorder.
2. Long answer question (any one out of two) : **(1x15=15)**
 - a) Define Generalized anxiety disorder. Explain types of anxiety disorders. Write Nursing care plan of client with Obsessive compulsive disorders.
 - b) Define Alcohol abuse. Psychological and physical dependence of alcohol. Write clinical features of alcohol dependence and withdrawal.

P.T.O.

SECTION - "B" (35 Marks)

(4x5=20)

3. Short answer question (any four out of five) :

- a) Follow up and home care of mentally challenged.
- b) Types of psychiatric emergencies.
- c) Forensic psychiatry
- d) Prevention of Mental disorders.
- e) Admission and discharge procedure of mentally ill.

4. Long answer question (any one out of two) : (1x15=15)

- a) Define mood disorder. Classification of mood disorder. Nursing care plan of client with Mania.
- b) Define organic brain disorder. Classification of organic brain disorder. Explain treatment modalities and nursing management of client with organic disorder.



Third Basic B.Sc. Nursing Examination, Winter 2017
MENTAL HEALTH NURSING

Total Duration : Section A + B = 3 Hours

Total Marks : 75

SECTION – A & SECTION – B

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- 7) Use a common answerbook for **all** sections.

SECTION – A (40 Marks)

1. Short answer question (**any five** out of six) : **(5×5=25)**
 - a) Explain important features of Indian mental health act 1987.
 - b) Approaches of psychiatric rehabilitation.
 - c) Management of extra pyramidal side effects.
 - d) Principles of psychiatric nursing.
 - e) Classification of psychoactive substances abused commonly.
 - f) Behavioural therapy.
2. Long answer question (**any one** out of two) : **(1×15=15)**
 - a) Enumerate the types of schizophrenia & Explain etiology and psychopathology of schizophrenia. Explain pharmacological and nursing management for adolescent boy with acute schizophrenia.
 - b) Explain the diagnostic criteria of bi-polar mood disorder. Explain clinical features with respective psychopathology of mania. Explain comprehensive nursing management for patient with mania.



SECTION – B (35 Marks)

3. Short answer question (any four out of five) : (4×5=20)

- a) Anorexia nervosa.
- b) Obsessive compulsive disorder.
- c) Types of phobia.
- d) Antidepressant drugs.
- e) Psychoeducation.

4. Long answer question (any one out of two) : (1×15=15)

- a) State the scope and importance of community psychiatric nursing. Compare institutionalization versus deinstitutionalization of mentally ill patient in terms of Indian scenario. Discuss levels of prevention in regards with substance abuse disorder.
- b) Explain the etiology and clinical features of A.D.H.D. Explain nursing role in management of mental sub-normality.



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Third Basic B.Sc. Nursing Examination, Summer 2018
MENTAL HEALTH NURSING

Total Duration : Section A + B = 3 Hours

Total Marks : 75

SECTION – A & SECTION – B

Instructions :

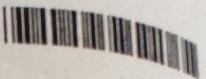
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- 7) Use a common answerbook for **all** sections.

SECTION – A (40 Marks)

1. Short answer question (**any five out of six**) : **(5×5=25)**
 - a) Nursing care Plan for client with victim of violence and abuse.
 - b) Mental Health Team.
 - c) Defense Mechanisms.
 - d) Classification of mental Disorders.
 - e) Mini Mental Status Examination.
 - f) Preparation for EEG Investigation.
2. Long answer question (**any one out of two**) : **(1×15=15)**
 - a) Define stress and stressors. Write types of stress. Explain principles and technique to relieve stress.
 - b) Define Dissociate disorders and Write types of Dissociate disorder. Write Nursing Process on client with Dissociate disorders.

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SECTION – B (35 Marks)



(4x5=20)

3. Short answer question (any four out of five) :

- a) Phases of Therapeutic Communication.
- b) Lithium therapy.
- c) Occupation Therapy.
- d) Types of Scizophrenia.
- e) Classification of depression.

4. Long answer question (any one out of two) :

(1x15=15)

- a) Define Sexual disorders and Explain types of sexual disorders. Write care plan on client with gender identity disorders.
- b) Define Mental Health Act and Explain Rights of Mentally ill client. Explain Forensic Psychiatric.



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Third Basic B.Sc. Nursing Examination, Winter 2018
MENTAL HEALTH NURSING

Total Duration : Section A + B = 3 Hours

Total Marks : 75

SECTION – A and SECTION – B

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- 3) **All questions are compulsory.**
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- 7) **Use a common answerbook for all Sections.**

SECTION – A (40 Marks)

1. Short answer question (**any five out of six**) : **(5×5=25)**
 - a) Explain the concept of normal and abnormal behaviour.
 - b) Discuss the discharge procedure for mentally ill patients.
 - c) Describe the clinical manifestation of Alzheimers Dementia.
 - d) Explain process of crisis intervention.
 - e) Discuss the phases of Nurse Patient Relationship.
 - f) Explain the levels of prevention in Psychiatric Nursing.
2. Long answer question (**any one out of two**) : **(1×15=15)**
 - a) Define phobia, explain the types of Phobia. Discuss the management of a patient with social phobia. Explain any one behavior technique to control phobia in patient.
 - b) Define schizophrenia, discuss the types of schizophrenia. Describe the management of patient with paranoid schizophrenia.



SECTION – B (35 Marks)

3. Short answer question (**any four** out of five) : **(4×5=20)**

- a) Discuss Behaviour Therapy.
- b) Explain the clinical features of Autism.
- c) Discuss the rights of mentally ill.
- d) Discuss theories of grieving process.
- e) Discuss the Tablet Disulfiram.

4. Long answer question (**any one** out of two) : **(1×15=15)**

- a) Enlist the aim and objective of National Mental Health Programme. Discuss the levels of prevention in Psychiatry. Describe roles and functions of Mental Health Nurse.
- b) Define Depression. Explain the clinical manifestation of Depression. Discuss the management of patient with Major Depressive Disorder.

Third Basic B.Sc. Nursing Examination, Summer (Phase - II) 2019
MENTAL HEALTH NURSING

Total Duration : 3 Hours

Total Marks : 75

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- 3) **All questions are compulsory.**
- 4) The number to the **right** indicates **full marks**.
- 5) Draw diagrams **wherever** necessary.
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- 7) Use a common answer book for all sections.

SECTION - A (40 Marks)

1. Short answer question (any five out of six) : [5 × 5 = 25]

- a) Extra pyramidal symptoms.
- b) How you will assess cognitive functions during MSE.
- c) National mental health programme.
- d) Therapeutic communication techniques.
- e) Nurses role in prevention of suicide.
- f) Management of attention deficit hyperactivity disorder.

2. Long answer question (any one out of two): [1 × 15 = 15]

- a) Classify substance use disorder. Explain psychopathology of substance use disorder. Develop nursing care plan for a patient with substance use disorder.
- b) Define psychiatric nursing. Enumerate causes of abnormal behaviour. Describe nursing management of a patient with abnormal behaviour.

SECTION - B (35 Marks)

3. Short answer question (**any four out of five**) : **[$4 \times 5 = 20$]**

- a) Difference between psychosis and neurosis.
- b) Nurse patient relationship.
- c) Antisocial personality disorder.
- d) Management of catatonic stupor.
- e) Lithium therapy.

4. Long answer questions (**any one out of two**) : **[$1 \times 15 = 15$]**

- a) Define mania. Describe clinical features of mania. Write nursing care plan of patient with mania.
- b) Define delusion. Explain various types of delusion. Describe nursing management of a patient with delusional disorder.

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Third Basic B.Sc. NURSING Examination, Summer - 2021
MENTAL HEALTH NURSING

Total Duration : Section A+B = 3 Hours

Total Marks : 75

SECTION-A & SECTION-B

Instructions :

- 1) Use **blue/black ball point pen only.**
- 2) **Do not write anything on the blank portion of the question paper.**
If written anything, such type of act will be considered as an attempt to resort to unfair means.
- 3) **All questions are compulsory.**
- 4) The number to the **right** indicates **full marks**.
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- 7) Use a common answerbook for **all** sections.

SECTION-A (40 Marks)

1. Short answer question (**any five out of six**) : **[5 × 5 = 25]**
 - a) Characteristics of mentally healthy individuals.
 - b) What do you understand by insight? Write down the grades of insight.
 - c) Alcoholic Anonymous. —
 - d) Management of Attention Deficit Hyperactivity Disorder in childrens. 2
 - e) Describe assessment for thought during MSE. 1
 - f) Crisis intervention. 2

2. Long answer question (any one out of two): $[1 \times 15 = 15]$

- a) Define Psychiatric Nursing. Enlist signs & symptoms of mental illness. Write classification of mental disorders.
- b) Define Schizophrenia. List down the causes of Schizophrenia. Write nursing diagnoses and nursing interventions for catatonic stupor patient.

SECTION-B (35 Marks)

3. Short answer question (any four out of five): $[4 \times 5 = 20]$

- a) Management of Personality Disorders.
- b) Eating Disorders in Adolescents.
- c) Write standards of Mental Health Nursing.
- d) ECT.
- e) Legal issues in psychiatric nursing.

4. Long answer question (any one out of two): $[1 \times 15 = 15]$

- a) Classify Substance-Use Disorders. Explain psychopathology of Substance-Use Disorders. Develop nursing care plan for a client with Alcohol Dependence.
- b) Define Nurse-Patient Relationship. Enumerate the conditions essential for development of Therapeutic Nurse-Patient Relationship. Describe management of patient with major depression.



Third BASIC B.Sc. Nursing Examination, Winter (Phase - III All other remaining UG/PG Course) - 2019

MENTAL HEALTH NURSING

Total Duration : Section A + B = 3 Hours

Total Marks : 75

Section - A & Section - B

Instructions :

- 1) Use **blue/black ball point pen only**.
- 2) **Do not write anything on the blank portion of the question paper.** If written anything, such type of act will be considered as an attempt to resort to unfair means.
- 3) **All questions are compulsory.**
- 4) The number to the right indicates **full marks**.
- 5) Draw diagrams **wherever necessary**.
- 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
- 7) Use a common answer book for all sections.

SECTION - "A" (40 Marks)

1. Short answer questions (any five out of six): **[5 × 5 = 25]**
 - a) Standards of Mental Health Nursing.
 - b) Aims and objectives of National Mental Health Programme (1982).
 - c) Systematic Desensitization.
 - d) Nurse's responsibility for a patient receiving Lithium Therapy.
 - e) Common Types of Phobias.
 - f) Medical complications of Alcohol Abuse.
2. Long answer questions (any one out of two) **[1 × 15 = 15]**
 - a) Define Depression. Discuss clinical features of Depression and write Nursing Management for the person with Major Depression.
 - b) Define Therapeutic Nurse-Patient Relationship, Discuss phases of Therapeutic Nurse-Patient Relationship.

SECTION "B" (35 Marks)

3. Short answer questions (any four out of five) **[4 × 5 = 20]**

- Civil responsibilities of a Mentally ill person.
- Enumerate psychiatric emergencies.
- Juvenile Delinquency.
- Enumerate disorders of sexual preferences or paraphilic.
- Difference between Epileptic Seizures and Dissociative Convulsions.

4. Long answer questions (any one out of two): **[1 × 15 = 15]**

- Define obsessive compulsive disorder, describe its clinical syndromes and write Nursing care plan for a person with obsessive compulsive disorder.
- Define Dementia, Discuss its etiology and write nursing management for the person with Dementia.



[2 × 2 = 4]

[1 × 15 = 15]

Long answer questions (any one out of two)

1. Define Dementia, Discuss its etiology and write

Nursing Management for the person with Dementia.

2. Define Obsessive Compulsive Disorder, Describe

its clinical syndromes and write

Nursing Management for the person with Obsessive Compulsive

**Third Basic B.Sc. Nursing Examination, Summer
(Phase - III : All Other Remaining UG/PG Courses) - 2020**
MENTAL HEALTH NURSING

Total Duration : 3 Hours

Total Marks : 75

Instructions :

- 1) Use **blue/black** ball point pen only.
- 2) Do not write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
- 3) All questions are **compulsory**.
- 4) The number to the **right** indicates **full** marks.
- 5) Draw diagrams **wherever** necessary.
- 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
- 7) Use a common answer book for all sections.

SECTION - A (40 Marks)

1. Short answer questions (any five out of six) : $[5 \times 5 = 25]$

- a) Define Hallucination and explain its types briefly. ✓
- b) Write clinical syndromes of OCD. ^{Symptoms} ✓
- c) Principles of Psychiatric Nursing. ✓
- d) Attention Deficit Hyperactive Disorders in children. ✓
- e) Indian classification of Psychiatric Disorders. ✓
- f) Admission of Mentally ill patient. ✓

2. Long answer questions (any one out of two):

 $[1 \times 15 = 15]$

- a) i) Write the causes of Mental Retardation. [5]
- ii) Describe the various levels of IQ in Mentally Retarded patient. [5]
- iii) Write the nursing management of patient in Profound level of Mental Retardation. [5]
- b) i) Define National Mental Health Programme. [2]
- ii) Write the objectives of National Mental Health Program. [5]
- iii) Write the approaches of National Mental Health Program. [8]

SECTION - B (35 Marks)

3. Short answer questions (any four out of five) :

 $[4 \times 5 = 20]$

- a) Extra-Pyramidal Symptoms. *97. & 257.*
- b) Pre-ECT preparation of patient.
- c) Management of patient with suicidal Ideation.
- d) Grief process by Kubler & Ross.
- e) Mental Mechanisms. *Defense*

4. Long answer question (any one out of two) :

 $[1 \times 15 = 15]$

- a) i) Define Therapeutic Communication. *Communication.* [3]
- ii) Enumerate various Therapeutic techniques. [5]
- iii) Write briefly phases of Nurse-Patient Relationship. [7]
- b) i) Role of nurse in secondary level of prevention. [5]
- ii) Obsessive Compulsive Disorder. *anxiety* [5]
- iii) Group Therapy. [5]



Third Basic B.Sc. Nursing Examination, Winter - 2020
MENTAL HEALTH NURSING

Total Duration : Section A+B = 3 Hours

Total Marks : 75

SECTION - A & SECTION - B

Instructions :

- 1) Use **blue/black** ball point pen only.
- 2) Do not write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
- 3) All questions are **compulsory**.
- 4) The number to the **right** indicates **full marks**.
- 5) Draw diagrams **wherever** necessary.
- 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
- 7) Use a common answerbook for **all** sections.

SECTION - A (40 Marks)

1. Short answer question (**any five out of six**) : **[$5 \times 5 = 25$]**
 - a) Current trends in mental health nursing.
 - b) Steps of Process Recording.
 - c) Enlist the Classification of Personality Disorders.
 - d) Management of Post - Traumatic Stress Disorder.
 - e) Advantages of Recreational Therapy.
 - f) Nature and scope of mental health nursing.

2. Long answer question (any one out of two) : [1 × 15 = 15]

- a) Describe Electroconvulsive Therapy (ETC) under following Heads Definitions, indications and contraindications. Describe in detail role of Psychiatric Nurse in Pre, Intra and Post ECT procedure.
- b) Describe Alzheimer Disease with following Heads etiological factors, clinical manifestations and Explain the nursing management of client with Alzheimer Disease.

SECTION - B (35 Marks)

3. Short answer question (any four out of five) : [4 × 5 = 20]

- a) List of Alternative System of Medicine in treatment of Mental Health.
- b) Classification of Psycho Sexual Disorders.
- c) List the Social Rights of Mentally Ill.
- d) Draw Classification Chart of Psycho therapies.
- e) Members of Mental Health Team and their functions.

4. Long answer question (any one out of two) : [1 × 15 = 15]

- a) Define Schizophrenia. Brief the causes, signs and symptoms of Catatonic Schizophrenia. Develop care plan for the client with Catatonic Stupor.
- b) Define Stress and Stressor. Describe Stress Adaptation Model. Explain Management of Stress and its Coping.



Third Basic B.Sc. Nursing Examination, (Phase - III) Winter - 2021
MENTAL HEALTH NURSING

Total Duration : Section A + B = 3 Hours

Total Marks : 75

SECTION - A & SECTION - B

Instructions :

- 1) Use **blue/black ball point pen only.**
- 2) **Do not write anything on the blank portion of the question paper.**
If written anything, such type of act will be considered as an attempt to resort to unfair means.
- 3) **All questions are compulsory.**
- 4) The number to the **right** indicates **full marks**.
- 5) Draw diagrams **wherever necessary**.
- 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
- 7) Use a common answerbook for **all** sections.

SECTION - A (40 Marks)

1. Short answer question (**any five** out of six) : **[5 × 5 = 25]**
 - a) Role and functions of Mental Health Nurse.
 - b) Principles of Mental Health Nursing.
 - c) Therapeutic Communication Techniques.
 - d) Phobic Disorder.
 - e) Paranoid Personality Disorder.
 - f) Follow-up, home care and rehabilitation of a child with mental deficiency.

2. Long answer question (any one out of two) : [1 × 15 = 15]

- a) i) Define Depression
- ii) Explain clinical features of Depression.
- iii) Write management and nursing management of a client with depression (with two priority nursing diagnosis)

- b) i) Define Dementia.
- ii) Differentiate between Delirium & Dementia.
- iii) Write Medical and Nursing Management of a client with Dementia (elaborate on two priority nursing diagnosis)

SECTION - B (35 Marks)

3. Short answer question (any four out of five) : [4 × 5 = 20]

- a) Management of a client with alcohol withdrawal.
- b) Obsessive Compulsive disorder.
- c) Legal and ethical issues in Mental Health Nursing.
- d) Crises Intervention.
- e) Causes of mental Illness.

4. Long answer question (any one out of two): [1 × 15 = 15]

- a) i) Define Community Mental Health Nursing.
- ii) National Mental Health program.
- iii) Role of Nurse in Preventive Psychiatry.

- b) i) Define suicide.
- ii) Explain causes of suicide.
- iii) Write the management of a client with attempted suicide.



Third Basic B.Sc. Nursing Examination, Phase - II
Summer - 2022
MENTAL HEALTH NURSING

Total Duration : 3 Hours

Total Marks : 75

Instructions :

- 1) Use **blue/black ball point pen only**.
- 2) **Do not write anything on the blank portion of the question paper.** If written anything, such type of act will be considered as an attempt to resort to unfair means.
- 3) **All questions are compulsory.**
- 4) **The number to the right indicates full marks.**
- 5) **Draw diagrams wherever necessary.**
- 6) **Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.**
- 7) **Use a common answerbook for all sections.**

SECTION "A" (40 Marks)

1. Short answer question (any five out of six) : **[$5 \times 5 = 25$]**
 - a) National Mental Health Program.
 - b) Family Therapy.
 - c) Extra Pyramidal Symptoms.
 - d) Process Recording.
 - e) Clinical Features and Treatment Modalities of Mental Retardation.
 - f) Rights of Mentally ill persons.
2. Long answer question (any one out of two) : **[$1 \times 15 = 15$]**
 - a) i) Enlist the causes of Schizophrenia. **[3]**
 - ii) Write clinical Features of Catatonic Schizophrenia. **[5]**
 - iii) Write names of psycho-pharmacological drugs used in treatment of catatonic schizophrenia. **[2]**
 - iv) Write the nursing management of catatonic schizophrenia **[5]**

b) i) Make a list of types of admissions for mentally ill patients. [5]
ii) Write the difference between Psychosis and Neurosis. [5]
iii) Write the qualities of psychiatric nurse. [5]

SECTION "B" (35 Marks)

3. Short answer question (any four out of five) : [4 × 5 = 20]

- a) Misconceptions about mental illness.
- b) Management of patient with depression.
- c) Primary prevention of mental illness.
- d) Disorders of thought at content level.
- e) Investigations in psychiatry.

4. Long answer question (any one out of two) : [1 × 15 = 15]

- a) i) Write the causes of mental illness. [5]
ii) Write the management of suicidal patient. [5]
iii) Grief and Grieving Process by Kubler & Ross. [5]
- b) i) Insight in mentally ill patient. [5]
ii) Role of nurse in Pre-ECT care. [5]
iii) Mental Health Services available for mentally ill patients. [5]



Third Basic B.Sc. Nursing (Old)/(2019) Examination, Winter - 2022
MENTAL HEALTH NURSING

Total Duration : Section A + B = 3 Hours

Total Marks : 75

SECTION - A & SECTION - B

Instructions :

- 1) Use **blue/black ball point pen only**.
- 2) **Do not write anything on the blank portion of the question paper.**
If written anything, such type of act will be considered as an attempt to resort to unfair means.
- 3) **All questions are compulsory.**
- 4) **The number to the right indicates full marks.**
- 5) **Draw diagrams wherever necessary.**
- 6) **Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.**
- 7) **Use a common answerbook for all sections.**

SECTION - A (40 Marks)

1. Short answer question (any five out of six) : **[5×5=25]**

- a) Anti-social personality disorder.
- b) Anorexia Nervosa.
- c) Standards of Psychiatric Nursing practice.
- d) Preventive Psychiatry.
- e) Play Therapy.
- f) Dissociative Disorders.

2. Long answer question (any one out of two) : [1×15=15]

- a) Describe in detail about admission and discharge procedure according to Mental Health Act 1987.
- b) Define Obsessive Compulsive Disorder. Write in detail signs and symptoms of Obsessive Compulsive Disorder. Develop Nursing care plan for the client with Obsessive Compulsive Disorder.

SECTION - B (35 Marks)

3. Short answer questions (any four out of five) : [4×5=20]

- a) Differentiate between Institutionalisation and Deinstitutionalisation.
- b) Attention Deficit Hyperactivity Disorder.
- c) Grief Process.
- d) Disulfiram therapy.
- e) Tics disorder.

4. Long answer question (any one out of two) : [1×15=15]

- a) Define Psychiatric Emergencies. List down the types of Psychiatric Emergencies. Discuss the role of nurse in management of client with Violent Behavior.
- b) Enumerate the etiological factors for substance abuse. Explain the nursing management of client with alcohol dependence.

